

# Anika R. Eisenbraun

## CURRICULUM VITAE

Oldfather Hall 442  
Lincoln, NE 68588  
aeisenbraun3@unl.edu

### EDUCATION

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- 2023 – present**      **The University of Nebraska-Lincoln**, Lincoln, NE  
Master of Arts in Sociology  
Cumulative GPA: ---
- 2016 – 2020**      **The University of Nebraska-Lincoln**, Lincoln, NE  
Bachelor of Arts in Psychology and Ethnic Studies  
Cumulative GPA: 3.77

### MANUSCRIPTS UNDER REVIEW

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- 2023**      Tyler, Kimberly A., **Anika R. Eisenbraun**, Patrick Habecker, Bilal Khan. “A Feasibility and Acceptability Study Using Ecological Momentary Assessment to Evaluate Drug Use Patterns among Midwestern People Who Use Drugs.” Submitted to the *Journal of Drug Issues*, October 17, 2023.
- 2023**      Thach, Nguyen T., Patrick Habecker, Bergen A. Johnston, Lillianna Cervantes, **Anika R. Eisenbraun**, Alex Mason, Kimberly A. Tyler, Bilal Khan, Hau Chan. “Analyzing and Predicting Short-Term Substance Use Behaviors of Persons Who Use Drugs in the Great Plains of the U.S.” Submitted to the *Precision Conference Solutions*, September 15, 2023.

### CONFERENCES PRESENTATIONS/POSTERS

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- 2023**      Symposium on Substance Use Research, University of Nebraska-Lincoln  
**Anika R. Eisenbraun**, Dr. Kimberly A. Tyler. “Adulthood Victimization, Substance Use, and Depressive Symptoms in Adults Residing in a Rural Community.”

### RESEARCH EXPERIENCE

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- May 2022 – Feb 2023**      *Project Coordinator*, The University of Nebraska-Lincoln  
Rural Drug Addiction Research (RDAR) Center, Longitudinal Networks Core (LNC) Facility  
Supervisors: Kimberly Tyler, PhD and Patrick Habecker, PhD  
**LNC Open Dynamic Interaction Network (ODIN) Pilot Project**

- The aim of this study is to examine how substance use impacts health and relationships, investigate everyday experiences with social support and daily stressors, and confirm the feasibility of using smart-phone-based data collection.

Responsibilities:

- Serve as project coordinator for a NIGMS grant-funded COBRE study throughout project preparation, data collection, and analysis
- Administer study appointment protocol, including enrollment with hard-to-reach populations, cognitive screenings, informed consent, and assist with downloading the phone-based ODIN app
- Assist with IRB application and revisions
- Program and administer Qualtrics online surveys
- Utilize organizational skillset by keeping track of daily participation details on the Daily Diary participation log; accounting for participant compensation cash using the Cash Log; transporting and securely storing confidential materials; maintaining records of receipts and signed consent documents for future audits
- Update current study forms, as needed; proofread Qualtrics survey for skip-patterns and audio errors; create new forms; compile study materials; submit order forms
- Provide feedback to supervisors about study progress, ideas for improvement, and concerns

**Mar 2022 –  
Aug 2023**

***Field Staff Assistant***, The University of Nebraska-Lincoln  
RDAR Center

Supervisor: Rick Bevins, PhD

**Rural Health Cohort Study**

- The aim of this multiple-year study is to examine what social interactions and behaviors are related to substance use, how substance use impacts health and relationships, reasons why people may begin and/or continue using substances, and to understand the types of social and institutional supports people may want to help them manage their substance use.

Responsibilities:

- Serve as a field staff assistant for a NIGMS grant-funded COBRE study throughout data collection and analysis
- Administer interviews with at-risk populations and obtain data collection via computer-assisted personal/computer-assisted self (CAPI/CASI) interviewing
- Assist with IRB application and revisions; collect missing citation information for Center grant submissions
- Proofread and revise study documents, questionnaires, and Qualtrics surveys

- Assist with administration preparation including creating interview folders, money envelopes, and organization of important documents

**Mar 2017 –  
May 2018**

**Research Assistant**, The University of Nebraska-Lincoln

Trauma, Violence, and Abuse Lab

Supervisors: Molly Franz, PhD and David DiLillo, PhD

**PTSD and dysfunctional parenting: Emotional and biological mechanisms (Project CARE)**

- The aim of this study was to examine how PTSD impacts emotional and biological reactivity during stressful parent-child interaction to in turn influence maternal parenting behaviors.

Responsibilities:

- Served as a research assistant for NICHD grant-funded study throughout data collection and analysis
- Executed multi-method protocol involving salivary cortisol collection, parent-child standardized discipline encounter, online questionnaires, emotion ratings software, and debriefing procedures
- Assisted in developing coding guidelines for observational mother-child interaction data
- Conducted behavioral observations while coding 40 distinct internalizing and externalizing child behaviors
- Data entry using SPSS

## CLINICAL EXPERIENCE

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**May 2021 –  
Mar 2022**

**Advocate Outreach Volunteer**, Voices of Hope

Lincoln, NE

- Cooperated with Lincoln Police Department and local hospitals regarding domestic violence (DV) and sexual assault (SA) reports
- If needed, reported to the hospital to provide support to survivor while the Sexual Assault Nurse Examiner completes a rape kit and while they interacted with doctors and police
- If survivor did not seek medical attention, contacted survivor to inquire about their health and safety, create a safety plan, and inform them of their rights
- Offered information for other resources (e.g., hotlines, homes for shelter)

**Aug 2020 –  
Apr 2022**

**Care Manager**, CenterPointe Outpatient Services

Lincoln, NE

- Administered intake process and created, implemented, and documented treatment plans, safety plans, and transition plans
- Conducted the DLA-20 assessment quarterly with individuals

- Collaborated with therapists, peer support specialist, medication management providers, and other necessary medical providers regarding shared individuals' care and participated in team staffing of individuals
- Assisted individuals entering detox centers and/or waitlist for both substance use and mental health inpatient treatment facilities
- Collaborated with probation/parole officers and assisted individuals with understanding probation/parole requirements
- Assisted individuals with implementing and practicing coping skills, medication management, and other independent living skills
- Completed Medicaid Rehab Option (MRO) forms for insurance authorization for services
- Provided support to individuals during legal matters and wrote letters to courts regarding an individual's progress and need for care management services
- Assisted individuals with applying for DHHS benefits, health insurance, employment, and locate community resources
- Assisted with seeking and applying for housing and housing subsidies

**Sept 2018 –  
Mar 2022**

***Crisis Hotline Volunteer***, Voices of Hope  
Lincoln, NE

- Answered hotline and helped guide (wo)men
- Assisted in creating a safety plan
- Provided information for other resources (e.g., hotlines, homes for shelter)

**Mar 2017 –  
June 2020**

***Receptionist***, Psychological Consultation Center  
The University of Nebraska-Lincoln, Lincoln, NE

- Checked individuals in and out of outpatient mental health appointments
- Made reminder calls
- Cleaned therapy and waiting room(s)
- Assisted with front desk duties
- Assisted therapists with any other needs

**Jan 2019 –  
July 2019**

***Clinical Internship***, King Behavioral Health  
Lincoln, NE

Supervisor: Sarah King, Ph.D.

- Assisted with exposure therapy for employment interviews
- Observed therapy sessions and collaborated in case conceptualization
- Gained familiarity with numerous assessment measures (e.g., BASC-3, Conners-3, ASRS)
- Participated in generating reports and the overall report-writing process
- Assisted with the psychological evaluation process

- Established an understanding of the distinctive needs for clients and helped clinicians with advocating for clients to schools, other providers, and DHHS
- Supported clinician with collecting records from collateral sources
- Tracked progress in the assessment process
- Supported clients while they completed questionnaires

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## TEACHING EXPERIENCE

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| <b>Aug 2018 –<br/>Dec 2018</b> | <p><i>Instructional Assistantship</i>, Intro to Psychology<br/>The University of Nebraska-Lincoln, Lincoln, NE</p> <ul style="list-style-type: none"> <li>• Assisted students with questions</li> <li>• Monitored testing</li> </ul> |
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## MENTORSHIP EXPERIENCE

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| <b>Aug 2017 –<br/>Oct 2018</b> | <p><i>High School Mentor</i>, Nebraska College Preparatory Academy<br/>The University of Nebraska-Lincoln, Lincoln, NE</p> <ul style="list-style-type: none"> <li>• Attended weekly mentor meetings</li> <li>• Attended activities with mentees</li> <li>• Checked in on mentees weekly</li> <li>• Reported weekly about mentor/mentee collaboration</li> </ul> |
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## ACADEMIC AWARDS AND HONORS

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| <b>2023 – 2024</b> | <p>Graduate Research Assistantship</p> <ul style="list-style-type: none"> <li>• \$21,108/year</li> <li>• Up to 12 credit hours paid</li> <li>• 19.6 hours per week of research assistance</li> </ul> |
| <b>2016 – 2020</b> | <p>Ruth Leverton Scholarship Recipient</p> <ul style="list-style-type: none"> <li>• \$13,000 per year toward the cost of UNL undergraduate nonresident tuition costs</li> </ul>                      |
| <b>2016 – 2020</b> | The University of Nebraska-Lincoln Deans List  |
| <b>2016 – 2017</b> | The Legends Scholarship Recipient  |

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## STUDENT AFFILIATIONS

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| <b>2021 – Present</b> | APA Division 56. Trauma Psychology Student Affiliate   |
| <b>2021 – Present</b> | APA Division 19. Military Psychology Student Affiliate |

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## RELEVANT TRAINING

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| <b>2022</b> | Collaborative Institutional Training Initiative (CITI) Training and Certification |
| <b>2021</b> | Culturally and Linguistically Appropriate Service (CLAS) Training                 |

<b>2021</b>	Dialectical Behavior Therapy (DBT) Training
<b>2021</b>	Homeless Voucher Program Care Management Training
<b>2021</b>	Integrating Primary and Behavioral Healthcare Training
<b>2021</b>	Motivational Interviewing Training
<b>2021</b>	SMART Goals Training
<b>2021</b>	Recovery Plan Training
<b>2020, 2021</b>	De-Escalation Training
<b>2020, 2021</b>	DLA-20: Adult Training
<b>2020</b>	Maximizing Clinical Use of Telehealth Training
<b>2020</b>	Question, Persuade, Refer (QPR) Gatekeeper Training

## **SPECIALIZED SKILLS**

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Qualtrics, SPSS, Stata, Credible BI (Behavioral Health Software), Titanium, Endnote, Microsoft Office Suite, Excel, Respondent-Driven Sampling (RDS), Coupon Manager, ODIN App